

Average scores & inter-quartile range for group

	Mean Score	1	2	3	4	5
Overall scale	3.7				+	—
Enjoyment in problem-solving	3.3			—	+	—
I like having problems to solve.	3.2		—	+	—	
I think that problem-solving is fun.	3.3			—	+	—
Confidence (about schoolwork): Academic self-efficacy	3.6			—	+	—
I [don't] need lots of help with my work.	3.6			—	+	—
I [don't] find a lot of schoolwork difficult.	3.5		—	+	—	—
When I get stuck with my work, I can usually work out what to do next.	3.6			—	+	—
Learning is [not] difficult.	3.7			—	+	—
Confidence (about learning ability): Learning self-efficacy	3.5			—	+	—
Learning is easy.	3.7			—	+	—
I'm good at doing tests.	3.7			—	+	—
I'm clever.	3.8			—	+	—
I like having difficult work to do.	2.9	—	+	—		
I know how to solve the problems that I meet.	3.4			—	+	—
Taking care with work: Careful learning style	4.3				+	—
I usually think carefully about what I've got to do.	4.2				+	—
Thinking carefully about your work helps you to do it better.	4.3				+	—
Confidence in general ability	4.2				+	—
I know how to be a good learner.	4.1				+	—
I like using my brain.	4.3				+	—
Other questions						
I'm good at discussing things.	3.6			—	+	—
When I'm given new work to do, I usually feel confident I can do it.	4.0				+	—
I [don't] get anxious when I have to do new work.	3.3		—	+	—	
I'm [not] very good at solving problems.	3.2		—	+	—	
I know the meaning of lots of words.	3.6			—	+	—

Footnote: 1=Definitely not true 2=Not very true 3=Not sure 4=A bit true 5=Definitely true

For further information on using results, see also page 5 (Interpretation), and pages 11 - 15 (Using MALS with groups of students and in individual case studies) of the 'Myself As a Learner Scale' manual

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